


# MARPOH

## Fountain of Youth Adult Day Center

Mon	Tue	Wed	Thu	Fri
	1 Chicken Salad Sandwich Peas Apple Sauce	2 Meatball Subs Green Beans Tate tots / Pears	3 Meatloaf Mashed Potatoes /Gravy Roll/ Tropical Fruit	4 Chili Dogs French Fries Pears
7 Potato Bar Broccoli Roll Mandarin	8 Goulash Corn Garlic Bread Pineapples	9 Blackened Chicken Spinach Roll Applesauce	10 Chicken Noodle Soup Mixed Veg Crackers Pears	11 Broccoli Rice Casserole Chicken Roll Peaches
14 Garlic Herb Chicken Carrots Roll Fruit Cocktail	15 Sloppy Joes French Fries Pickle Peaches	16 Cheeseburgers French Fries Pickle / Apple Sauce	17 Little Smokies Cabbage Roll Applesauce	18 Pinto Beans Ham Corn Bread Tropical Fruit
21 Mushroom Burger Mashed Potatoes Pears	22 Chicken Sandwich French Fries Pineapple	23 Hamburger Helper Green Beans Mandarin	24 BBQ Chicken Broccoli Roll Peaches	25 Tuna Salad Corn Fruit Cocktail
28 BBQ Sandwich Toto tots Pickle Pears	29 Spaghetti Meat Sauce Salad Tropical Fruit	30 Chicken Patty Mashed Potatoes /Gravy Roll Applesauce	31 Taco Empanadas Refried Beans Mandarin	



### Breakfast Menu

Breakfast Menu May Change Weekly

**Monday:** Scrambled Eggs, Sausage, Toast

**Tuesday:** Cereal & Toast

**Wednesday:** Breakfast Casserole, Toast & Sausage

**Thursday:** Biscuits & Gravy, Sausage

**Friday:** Pancakes & Sausage

**Drinks:** Milk, Juice & Coffee served Daily

Quality Care for Dependent Adults